

BRISTOL IMPACT OF HYPERMOBILITY (BIOH) QUESTIONNAIRE

SCORING GUIDANCE

- The BioH questionnaire is designed to be scored out of a total maximum of 360 points, with higher scores representing more severe impact.
- It is not designed to have component scores – section scores are simply to assist with calculating a total score out of 360 points.
- Section A is not scored.
- Individual missing items in sections B to I should be replaced by the average score for the remainder of that section.
- Items B5-B7 are the Bristol Rheumatoid Arthritis Fatigue Numerical Rating Scales (BRAFF-NRS)^{1,2} and have been incorporated with permission.
- Items B7, I53, I54 and I55 are reverse scored, as detailed on the questionnaire.

¹ Dures EK, Hewlett SE, Cramp FA, Greenwood R, Nicklin JK, Urban M, Kirwan JR (2013). Reliability and sensitivity to change of the Bristol Rheumatoid Arthritis Fatigue scales. *Rheumatology (Oxford)*, 52(10):1832-1839.

² Nicklin J, Cramp F, Kirwan J, Greenwood R, Urban M, Hewlett S (2010) Measuring fatigue in rheumatoid arthritis: A cross-sectional study to evaluate the Bristol Rheumatoid Arthritis Fatigue Multi-Dimensional questionnaire, visual analog scales, and numerical rating scales. *Arthritis Care & Research*, 62:1559-1568.