



Please join us in Bristol, United Kingdom, for Appearance Matters 10, the 10th international multi-disciplinary conference hosted by the Centre for Appearance Research.

January 2024 headlines

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Happy New Year! With Appearance Matters 10 only six months away, we are excited to kick off our first 2024 newsletter with important updates about the conference.

Final reminder for Early Bird registration

Time is running out for Early Bird registration – this is your last chance to secure discounted rates before **7 February 2024**. Please visit the [conference website](#) now to register.

We look forward to seeing you there!

Notification of abstract submissions

Thank you to everyone who submitted abstracts – we received a record number of submissions this year!

Our scientific committee has completed their evaluation, and notifications regarding abstract submissions have been sent out to authors. We look forward to seeing your presentations and posters at the conference!

Weren't able to submit an abstract? Don't worry – you still have the opportunity to showcase your work by submitting a late-breaking poster abstract. The deadline for this submission is **1 March 2024**.

For further details and submission guidelines, please visit our [conference website](#).

Mentoring Breakfast survey

Appearance Matters has a proud history of facilitating mentoring relationships between experts and early career researchers and clinicians. We're excited to host our Mentoring Breakfast at AM10 on the morning of **Thursday 13 June, 2024**.

This will be a fantastic opportunity for those just starting out in the field of body image and appearance (e.g., students, early career researchers and trainee health professionals) to meet leading experts in a friendly, relaxed environment, and to chat, ask questions and be inspired.

If you are early in your career and would like to be matched with a mentor, please visit the [Mentoring Breakfast registration page](#).

While there is no cost, places **are** limited. So, please register by **1 March 2024** to avoid missing out!

Fun facts about Bristol

We are very excited to welcome you to AM10, but we are equally excited to welcome you to the beautiful city of Bristol! Bristol's fame extends beyond its street art, cider and music, making it a multifaceted destination that seamlessly blends history, innovation and culture.

What makes Bristol such a unique city to visit? Here are 10 fun facts!

Banksy's Urban Canvas – Explore the streets of Bristol and witness the artistic genius of Banksy, an anonymous street artist whose provocative and captivating works have transformed the city into a living, breathing art gallery. From politically charged statements to cleverly crafted stencils, Banksy's creations add an element of surprise and wonder to every corner.

Cider Capital – Raise a glass to Bristol's rich cider-making heritage, where every sip tells a story of tradition and craftsmanship. From quaint pubs to trendy bars, immerse yourself in the city's cider culture and taste the crisp, refreshing flavours that make Bristol a haven for cider enthusiasts.

Whimsical World of Wallace & Gromit – Embark on a journey into the charming and whimsical world of Wallace & Gromit, the endearing animated characters created by Nick Park. As Bristol's very own dynamic duo, these lovable characters have captured hearts around the globe with their humour and delightful adventures, adding a touch of playful magic to the city's identity.

Bristol Old Vic – As one of the oldest continuously operating theatres in the English-speaking world, Bristol Old Vic has a rich theatrical history. Attend a performance in this historic venue to enjoy top-notch productions.

Bristol's Music Scene – The city has a thriving music scene with numerous live music venues catering to various genres. Bristol is particularly known for its connection to the development of trip-hop music, with artists like Massive Attack and Portishead originating from the area.

Historic Harbourside – The picturesque harbourside is a key feature of Bristol, offering a blend of maritime history and contemporary culture. Take a stroll along the waterfront, visit the SS Great Britain and absorb the maritime legacy that has shaped the city.

Clifton Suspension Bridge – An iconic symbol of Bristol, the Clifton Suspension Bridge is a masterpiece of engineering designed by Isambard Kingdom Brunel. Spanning the Avon Gorge, the bridge provides breathtaking panoramic views of the city and surrounding countryside.

Aerospace Industry – Bristol has a significant aerospace industry heritage, with companies like Airbus and Rolls-Royce having a strong presence. The city's aerospace contributions have played a crucial role in shaping aviation technology globally.

Famous Bristolians – Bristol proudly claims birthrights to celebrated actors who have graced the global stage. Cary Grant, born in 1904, epitomised Hollywood charm; Pete Postlethwaite, born in 1946, left an indelible mark with powerful performances; and David Prowse, born in 1935, immortalised Darth Vader in the original "Star Wars" trilogy. These Bristol-born talents enrich the city's cultural legacy and stand as pillars in the history of cinema.

Bristol Blue Glass – The city has a long tradition of glassmaking, and Bristol Blue Glass is a distinctive type known for its deep blue colour. Visitors can watch glass blowing demonstrations and purchase unique glass pieces as souvenirs.

So... if you haven't registered for the conference yet, what are you waiting for?!

Appearance Matters: The podcast



Our podcast explores the world of appearance; presenting new insights and advances in research, as well as perspectives from researchers, clinicians, charities and organisations, and individuals affected by appearance-related concerns.

Tune in to [last month's episode](#), where our very own Professor Phillippa Diedrichs chats to Dr Nadia Craddock and gives some teasers for her Appearance Matters 10 Conference keynote address!

Listen now >

Subscribe now on [Apple Podcasts](#), [SoundCloud](#), or [Spotify](#), and please leave a rating and review!

Help us spread the word!

We are excited to see you at Appearance Matters 10 and are keen to extend the invitation to new delegates. Please forward this email to colleagues who might be interested in learning about the latest progress in body image and appearance research in a stimulating and welcoming environment.

Keep in touch with CAR

If you want to keep in touch with the Centre for Appearance Research, you can follow us on our social media accounts, where we discuss all things related to body image and appearance – check out our [Instagram](#), [Facebook](#), [Twitter](#) and [LinkedIn](#) pages.

For more information on the conference, please [visit the Appearance Matters Conference website](#).

We look forward to seeing you in June 2024 for Appearance Matters 10!

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We'd like to keep you updated about the Appearance Matters Conference, but you can [unsubscribe](#) at any time.

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