



Please join us in Bristol, United Kingdom, for Appearance Matters 10, the 10th international multi-disciplinary conference hosted by the Centre for Appearance Research.

February 2024 headlines

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AM10 Programme

As always, Appearance Matters will provide an inspiring academic programme, including an array of international scientific paper and poster presentations. There will also be training workshops, a special panel discussion event, an Ignite session, and a fantastic social programme, providing you with plenty to take in and enjoy across the conference.

A detailed scientific programme is now available on our website. Presentations and symposia streams include:

- Body Image Across the Lifespan
- Eating Behaviours
- School-Based Interventions Across the Globe
- Experience of Visible Difference
- Fashion, Clothing and Make-Up
- Sport, Exercise and Movement
- Social Media
- The Impact of Intersectionality
- Positive Body Image
- Aesthetic Procedures
- Appearance Conversations and Medical Decision-Making
- Visible Difference Interventions
- Experiences and Evaluations of Interventions
- Sexual Well-Being
- Sexuality and Gender
- Experiencing and Combating Stigma

Reminder: Late-breaking poster abstract submissions close on 1 March

This is the last call to submit your late-breaking research posters. Submissions will close at 23:59 London Time (GMT) on **1 March 2024**. If you missed the earlier abstract deadline or your study results have just come through, this is a great opportunity to submit your research for a poster presentation at AM10.

You can submit your poster abstract via the [conference website](#). Authors will be notified of the outcome of their abstract submission by the end of March at the latest.

If you are presenting at the conference, don't forget to register. For more information, please visit our [conference website](#).

AM10 Panel Discussion

We are pleased to announce an exciting panel event, taking place on the second day of the conference, on **12 June from 17:15 to 18:30** in the Conference Hall.

Beyond the Selfie: Can Social Media Influencers Shape the Appearance Diversity Landscape?

Body dissatisfaction is a significant public health concern, which can lead to various negative health and psychological outcomes. While social media has been criticised for exacerbating these issues, the impact of social media influencers remains debatable.

Social media influencers have large groups of followers who trust their thoughts and recommendations. Increasingly, they showcase appearance diversity, including visible differences, and actively challenge Eurocentric beauty ideals and practices. Yet, arguably, social media influencers also promote harmful appearance alterations by using beauty filters and endorsing unhealthy weight practices and cosmetic procedures, all amid a largely unregulated social media landscape.

The panel will explore whether social media influencers can promote appearance diversity, touching on key topics such as body positivity, diverse representation, ethics, regulation, and legislation.

Appearance Matters: The podcast



Our podcast explores the world of appearance; presenting new insights and advances in research, as well as perspectives from researchers, clinicians, charities and organisations, and individuals affected by appearance-related concerns.

Tune in to [last month's episode](#), where we were joined by Christia Huntington, a third year PhD student at the Centre for Appearance Research, who told us all about her PhD research looking into online support for people affected by burn injuries.

[Listen now >](#)

Subscribe now on [Apple Podcasts](#), [SoundCloud](#), or [Spotify](#), and please leave a rating and review!

Help us spread the word!

We are excited to see you at Appearance Matters 10 and are keen to extend the invitation to new delegates. Please forward this email to colleagues who might be interested in learning about the latest progress in body image and appearance research in a stimulating and welcoming environment.

10th Annual Weight Stigma Conference

The Appearance Matters conference is not the only one celebrating its 10-year anniversary this year!

The [10th Annual Weight Stigma Conference](#) will be taking place immediately after AM10 on **16–17 June, 2024** at the University of Essex, in Colchester, UK. So, if you're already going to be in the UK, why not take the opportunity to attend another fantastic conference whilst you're here?!

This international conference is an interdisciplinary event that brings together scholars and practitioners from a range of backgrounds to consider research, policy, rhetoric, and practice around the issue of weight stigma.

If you're unable to attend in person, you can also attend online!

Please note that the Centre for Appearance Research is not affiliated with this conference.

Keep in touch with CAR

If you want to keep in touch with the Centre for Appearance Research, you can follow us on our social media accounts, where we discuss all things related to body image and appearance – check out our [Instagram](#), [Facebook](#), [X \(Twitter\)](#) and [LinkedIn](#) pages.

For more information on the conference, please [visit the Appearance Matters Conference website](#).

We look forward to seeing you in June 2024 for Appearance Matters 10!

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We'd like to keep you updated about the Appearance Matters Conference, but you can [unsubscribe](#) at any time.

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